

**PANJAB UNIVERSITY, CHANDIGARH**

Date-sheet for **Post Graduate Diploma in Yoga Therapy-1<sup>st</sup> Semester (Regular / Re-appear)** Examination to be held in **DECEMBER-2025**

**(THEORY EXAMINATIONS)**

**TIME OF EXAMINATIONS: 1.30 p.m. to 4.30 p.m.**

<b>DATE &amp; DAY</b>	<b>PAPER NO.</b>	<b>SUBJECT/CODE NO.</b>
<b>DECEMBER-2025</b>		
19 <sup>th</sup> , Friday	101	Foundations of Yoga-I (45639)
22 <sup>nd</sup> , Monday	102	Basic Hatha Yogic Texts (45640)
24 <sup>th</sup> , Wednesday	103	Human Anatomy & Physiology (45641)
26 <sup>th</sup> , Friday	104	Therapeutic Values of Yoga Practices (45642)
29 <sup>th</sup> , Monday	105	Applied Research in Yoga (45643)

**Note:**

- 1) THE CANDIDATES ARE NOT PERMITTED TO CARRY ANY COMMUNICATION EQUIPMENT SUCH AS MOBILE PHONE/PAGER, WIRELESS SET, SCANNER PEN SCANNER/CAMERA OR ANY SUCH ELECTRONIC/DIGITAL GADGET ETC. INSIDE THE EXAMINATION HALL WHICH IS PUNISHABLE WITH DISQUALIFICATION FOR PERIOD OF TWO YEARS WITH THE SUBSEQUENT EXAMINATION.
- 2) FOR CLASH, IF TWO EXAMINATIONS OF A SINGLE CANDIDATE FALLS ON THE SAME DATE/TIME. KINDLY ENTER THE CLASH EXAMS DETAIL UNDER “UPDATE CLASH EXAMS DETAILS” AFTER LOGIN AT pgexam.puexam.in.
- 3) In case of clash with other University/Exam THE CANDIDATE HAS TO SEND HIS/HER EMAIL ALONG WITH ADMIT CARDS OF BOTH CLASSES TO d exams.puchd.in
- 4) APPLICATION FOR THE CLASH CASES (IF ANY) WILL BE ENTERTAINED ONLY UPTO 10 DAYS FROM THE DATE OF EXAMINATION (PAPER).
- 5) CANDIDATES ARE ADVISED TO BE IN TOUCH WITH THE OFFICIAL WEBSITE OF PANJAB UNIVERSITY FOR NOTIFICATIONS REGARDING CHANGE/CORRECTION (IF ANY) IN THE DATESHEET TILL THE CONCLUSION OF THE EXAMINATIONS.

**CENTRE OF EXAMINATION:**

1.	<b>Chandigarh-42</b>	P.U. Arts Block III, Sector-14
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**Chandigarh: 160014**  
**Dated: 21.11.2025**

**Prof. Jagat Bhushan**  
**Controller of Examinations**

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